

## **Historic, archived document**

Do not assume content reflects current scientific knowledge, policies, or practices.

# STOP, LOOK AND LISTEN

**STOP!**

Before you buy any more  
wheat  
meat  
sugar  
than is necessary.

**LOOK!**

For corn-meal, once a day in place of wheat;  
For fish, eggs or milk, twice a week in  
place of meat;  
For molasses, honey, or sweet fruits, where  
you can use them instead of sugar.

**LISTEN!**

To the Food Administrator;  
To the United States Department of Agri-  
culture's bulletins;  
To the newspapers;  
To the State Committee of Food Supply;  
for information about conserving and  
economizing.

Send for the Emergency Food Series Bulletins

Address, Committee Food Supply, 36 Pearl Street, Hartford, Conn.

